

SLOW TOURS

Full Itinerary and Tour details for

Brenner Pass to Verona 7-day Self-guided Cycling Tour Level 1



Prices starting from.

940 €

Trip Duration.

7 days

Max Passengers.

8

Start and Finish.

Bolzano to Verona

Activity Level.

1

Experience.

Cycling Tours Europe

Tour Code.

#B1/2203

**DON'T TAKE OUR WORD FOR IT**

Visit our Reviews page to learn
why a Slow Tour is the Best Tour!

[slowtours.com/reviews](https://www.slowtours.com/reviews)

HAVE SOME QUESTIONS?

Find the answers
on our Q&A page

[slowtours.com/questions-and-answers](https://www.slowtours.com/questions-and-answers)



Tour Details and Description

A cycle tour starting from the spectacular Innsbruck in Austria, then swooping down towards Italy from the Brenner alpine pass along the bike path of the Isarco and Adige rivers, past ancient villages and green meadows. Gradually, as you proceed southward, vineyards and castles give way to olive groves, typical of the Lake Garda area. Grand finale with arrival in Verona, one of the most beautiful and important cities of art in the Veneto region: if you are passionate about history, love legends and Opera you will not be disappointed.

Highlights:

- The typical mountain centers of Innsbruck and Bressanone
- The spectacular view of Lake Garda from San Giovanni alpine pass
- Roman vestiges and Shakespearean memories in Verona

Tour Character: Level 1

The itinerary is mainly on one of the most beautiful cycle paths in Italy, the river Adige cycle route. Mainly on the flat, with only a few short hills and descents. Little effort if required, suitable for everyone.

- Total length: 255 km
- Terrain: 95% tarmac, 5% unpaved
- Train connection among the overnight stays: every day
- Possibility of shortening stages by train: day 2, 3, 4 and 5.

Included in the Tour:

- 6 overnights in 3/4* hotel accommodation
- 6 Breakfast
- Luggage transportation (1 piece, 20kg per person)

- Digital tour information
- Transfer from Bolzano to Brenner Pass
- App including Travel guide + Maps + Roadbook
- 4-hours ferry cruise through Lake Garda (including bike)
- 7-days Hotline service

Not Included in the Tour:

- Local taxes (approx. 10-15 EUR)
- Bike rental
- Tips
- Helmet - 15 EUR
- Everything not mentioned in 'included'

Notes:

- Extra nights
 - Verona: From 85 EUR p.p (130 EUR single person)
 - Innsbruck: From 85 EUR p.p (140 EUR single person)
- Departures Thursdays and Fridays - special departure dates for groups of at least 6
- All rooms have en suite facilities. Most hotels have air conditioning while some smaller hotels and hotels located in mountain areas of northern Italy can be without air conditioning.
- Hybrid bike - 160 EUR

If you would like to rent a Touring bike (110 EUR) or E-bike (270 EUR), please contact our office when booking: sales@slowtours.com

WHAT SLOW TOURS OFFERS YOU:

Customer Service: Hand-picked partners in whom we trust to deliver great service.

Best Selection: The best range of escorted and self-guided tours in Europe

Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary

Day 1

Bolzano Individual arrival.

Day 2

Brenner Pass – Bressanone (85 km by transfer + 55 km by bike) A private transfer will take you to Brenner, where you'll start cycling into the green Isarco valley. Your cycling day continues without difficulties through nice villages and green meadows till Fortezza, where you will see the ancient fort. Lake Varna awaits you for a relaxing break before you reach Bressanone

Day 3

Bressanone – Bolzano 45km Continue along the same cycle path, with few kms today: you'll have the opportunity to visit the huge Sabiona medieval monastery, built on a rocky-hill and dominating the Isarco-valley. Overnight in Bolzano.

Day 4

Bolzano – Trento 65/70km You will ride along the Adige River, through orchards and vineyards, passing the villages of Ora, Egna and Salorno. The dam pathways lead then to Trento.

Day 5

Trento – Desenzano/Peschiera 50km by bike + ferry Always pedalling along the Adige you reach Rovereto and Mori. After a short ascent, a refreshing descent will follow and lead you to Torbole and to Riva. The ferry cruise takes you to the southern part of the lake.

Day 6

Desenzano/Peschiera – Verona 60/35 km Today you head to Verona. Worth visiting are: the Roman Arena, the Church of San Zeno and Juliet's House.

Day 7

Verona Departure after breakfast. Due to organisational reasons, weather conditions or provisions issued by local authorities, the itinerary may be subject to some changes before and/or during the holiday. Along the way you may find temporary deviations (for example road works) which cannot be foreseen: in this case each rider can decide autonomously how to deal with these stretches.

WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

3 BIG BENEFITS OF BOOKING WITH US



TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

Don't take our word for it
Visit our Reviews page to learn why a Slow Tour is the Best Tour!

slowtours.com/blog/reviews

Have some questions?
Find the answers on our Q&A page.

slowtours.com/questions-and-answers