

SLOW TOURS

Full Itinerary and Tour details for

Munich Lakes 8-day Self-guided Cycling Tour Level 2



Prices starting from.

1199 €

Trip Duration.

8 days

Max Passengers.

12

Start and Finish.

Munich to Munich

Activity Level.

2

Experience.

Cycling Tours Europe

Tour Code.

#B1/2228



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Tour Details and Description

The region surrounding Bavaria's capital captivates with numerous lakes set against the majestic Alpine backdrop. Cycling here is a true pleasure as you pass through charming, traditional villages and towns, pause in welcoming beer gardens nestled under leafy trees, and relax on tranquil lakeside docks. The journey begins amidst the vibrant energy of Munich, a bustling city alive with lively restaurants, shops, museums, and historic architecture. Along this loop tour, the towns display a rich, colorful baroque character—you'll spend nights in places like Bad Tölz, by Lake Starnberg, in Garmisch-Partenkirchen, and Wallgau. And naturally, the lakes that lend this tour its name take center stage—from the small, serene Barmsee to the expansive Tegernsee, countless memorable moments by the water await.

Highlights:

- **Murnauer Moos:** On day three you cycle through the largest moorland in Central Europe, the Murnauer Moos nature reserve. As you make your way through the unspoiled landscape you can let your mind run wild and simply enjoy the scenery. When you arrive in Garmisch-Partenkirchen, the Eurobike team recommends a ride on the Zugspitzbahn at 2,962 metres. You will be impressed!
- **Bad Tölz:** Visit the location of the famous German TV show 'Der Bulle von Tölz'. Scenic landscapes and the Isarwinkel with its crystal clear, turquoise-blue water line the cycle path to Bad Tölz. A special feature are the richly decorated town houses and the film set of the now legendary crime series where Otfried Fischer starred as a police investigator.
- **Gmund am Tegernsee:** With every kilometre you cycle along the marvellous lake panorama to Gmund am Tegernsee. Treat yourself to a break at the lake and let your mind wander.

Tour character: Level 2

Overall, this is a gentle tour with daily distances spread out comfortably. A few short climbs can be easily managed by walking your bike if needed. You'll mostly cycle along scenic bike paths and quiet side roads, often following the shores of lakes—with main roads encountered only briefly. The route is mostly paved, with some longer stretches on well-maintained gravel or natural paths.

Included in the Cycling Tour:

- 7 nights accommodation in 3* and 4* hotels
- Breakfast
- Luggage transfer between hotels
- 1x veal sausage breakfast
- Digital travel documents incl. navigation app, GPS-data, route book
- Service hotline for the duration of the tour
- GPS tracks available and app navigation

Not included in the tour:

- Bike rental
- Sporty bike - 179 EUR
- Bike insurance
- Visitor's taxes, if due, are not included in the price
- Anything not mentioned in 'included'

Arrival / Parking / Departure:

- Arrival by train to Munich
- Munich airport
- Parking: hotel garage, costs approx. € 125 to 150 per week, free public parking

Notes:

- Daily departure
- Extra nights in Munich - From 115 EUR p.p (+115 EUR single room)

If you would like to rent a bike (99 EUR) or E-bike (289 EUR), please contact our office when booking: sales@slowtours.com

WHAT SLOW TOURS OFFERS YOU:

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Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary**Day 1**

Arrival in Munich Welcome briefing and bike fitting. The capital city of Bavaria is awaiting you and invites you to visit its many attractions (English Garden, Town Hall, Hofbräuhaus,...).

Day 2

Munich – Murnau am Staffelsee approx. 65km From Munich, the tour starts with a bike ride through Forstenrieder Park to Lake Starnberg. Then you will

cycle on the lakeside road to Seeshaupt. You will continue on wonderful ways through rustic Bavarian towns, past the Osterseen lakes and Lake Riegsee to Murnau am Staffelsee.

Day 3

Murnau – Garmisch-Partenkirchen approx. 40km
First, you will cycle through the natural reserve called Murnauer Moos (largest swamp area of Central Europe). Later, you will continue your tour through unspoiled nature following the River Loisach to Garmisch Partenkirchen. The stage is intentionally brief. Therefore, there is still enough time for an individual trip with the Zugspitzbahn, a mountain railway. At an altitude of 2962 metres, you will have a wonderful view of the Alps.

Day 4

Garmisch-Partenkirchen – Wallgau approx. 45km
You will take the train to Scharnitz to bridge an altitude of 300 metres. From there, you will cycle uphill through wildly romantic gorges and lush meadows to the spring of the River Isar. Afterwards, you will cycle back through a sunny valley where you will have a marvellous panoramic view of the mountains of Karwendel and Wettersteingebirge, passing Mittenwald and finally arriving in Wallgau – a place where the Bavarian tradition is still a part of everyday life.

Day 5

Wallgau – Bad Tölz approx. 50km
Passing the Isarwinkel, you will follow the crystal-clear, turquoise waters of the impressive Lake Sylvenstein. Cycling through charming landscapes, you will pass Lenggries and finally arrive in Bad Tölz. The location at the crossroads of two trade routes - the River Isar and the old salt route from Reichenhall to Allgäu - quickly became a thriving trading centre. The ornate

mansions testify the golden age.

Day 6

Bad Tölz – Tegernsee – Bad Tölz approx. 45km
You will cycle through the scenic Tegernsee countryside to Gmund at Lake Tegernsee where you will have a beautiful panoramic view of the lake. Following the valley Gaißbach, you will come back to Bad Tölz. The Tölzer Market Street invites you to learn more about the famous television series “Der Bulle von Tölz”.

Day 7

Bad Tölz – Munich approx. 60km
The Isar bike way leads you from Bad Tölz over Geretsried and Wolfratshausen directly to Grünwald. After a few short climbs you will arrive back in Bavaria’s state capital Munich, where you can explore its countless sights and attractions.

Day 8

Departure or extension of your stay

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