

SLOW TOURS

Full Itinerary and Tour details for

Sardinia's East Coast 8-day Self-guided Walking Tour Level 3



Prices starting from.

829 €

Trip Duration.

8 days

Max Passengers.

12

Start and Finish.

St Maria Navarrese/Cala

Activity Level.

3

Experience.

Walking Tours Europe

Tour Code.

#B1/2257

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Tour Details and Description

Breathtaking and rugged: hiking in the Orosei nature park

Unique walks between the mountains and the sea in Sardinia's "Wild East" are awaiting you. Picturesque, rugged, spectacular, plain and simply wonderful! The daily routes offer a perfect mix: beautiful views of the rugged coastline, the blue-glistening bays and the Mediterranean karst – this is an area of land that is full of colours and smells. The Gulf of Orosei and the Ogliastra are not known as the loveliest places in Sardinia for nothing. The peace that you get on these walks is unique and is perfect for watching the grazing flocks of sheep, the donkeys but also the eagles and the vultures. In the Spring, you are surrounded by the flourishing and lovely scented blossom in Macchia, which emits all year around thanks to the fragrant aroma of the rosemary, bay trees and other Mediterranean herbs.

Tour Character - Mountain Hiking Level 3

You will walk along lovely footpaths along the coastline and in the highlands. Sardinia is mainly made out of limestone cliffs, which means that you will need to be surefooted because you will often be walking on rocky and stony paths. Good fitness is needed for the walks as you will be hiking for about 6.5 hours each day.

Included in the Sardinia Walking Tour:

- 7x overnight stays in 3* hotels and lovely refuges in mountains (Due to staying in the refuges, there are not many single room places available on this tour)
- Breakfast
- Luggage transfer
- Transfer on Day 5
- Carefully elaborated route description

- Detailed travel and tour documents 1x per room (English and German)
- Service-Hotline
- GPS data available and app navigation

Not included in the tour:

- Any visitor's taxes are not included in the tour price and payable on site
- 2x boat rides to Cala Gonone, approx. EUR 15 per person/per journey
- 1x entree Cala Goloritze, approx 7 EUR per person
- Anything not mentioned in 'included'

Arrival / Parking / Departure:

- Cagliari or Olbia airport
- Parking: free hotel car parking spaces or spaces close to the hotel. No prior reservation

Notes:

- Transfers available on request - reservation is necessary and paid for in advance
- Departures Thursdays and Saturdays
- Extra nights
 - Santa Maria Navarrese: From 65 EUR p.p (+59 EUR single person)
 - Cala Gonone: From 75 EUR p.p (+45 EUR single person)

WHAT SLOW TOURS OFFERS YOU:

Customer Service: Hand-picked partners in whom we trust to deliver great service.

Best Selection: The best range of escorted and self-guided tours in Europe

Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary

Day 1

Individual journey to Santa Maria Navarrese This little coastal village in a picturesque location between the rugged cliffs of the Golfo di Orosei and the long sandy beaches of the Ogliastro. In order to get attuned enjoy a leisurely stroll along the beach or have a dip in the sea.

Day 2

Santa Maria Navarrese – Golgo A path with amazing views along the sea leads you to the impressive limestone pyramide Pedra Longa, which rises dramatically from the sea. Then you walk through a quiet valley with olive groves up to the plateau of

Golgo and to the Punta Giradili, where breathtaking panoramic views await. Then past grazing herds of sheep and enveloped by the perfume of the Macchia you reach your accommodation for the next three nights, a comfortable Italian 'Rifugio'. Walking time: approx. 6-7 hours. Details: approx. 19 km, +920 m / -590 m

Day 3

Round trip Cala Goloritze Today a very special highlight awaits: a walking tour to the spectacular bay of Cala Goloritze! The route leads you downhill with a view onto the breathtaking sheer cliffs and onto a 120 metre high rock peak which reflects in the crystal clear water. Enjoy a refreshing dip at this wonderful bay with clear turquoise glistening water. Walking time: approx. 4.5-5 hours. Details: approx. 12 km, +560 m / -560 m

Day 4

Round trip Cala Mariolu The route takes you to the wild-romantic plateau of Golgo all the way to the rock arch of Arcobaleno, the goal of this walking tour. Then onwards to the bay Cala Mariolu, where adventure-lovers have the option to climb up on juniper wood ladders during this steeper section of the route. Walking time: approx. 4.5 hours. Details: approx. 12 km, +300 m / -300 m

Day 5

Golgo – Cala Gonone After a short transfer to the Cala Sisine, you walk uphill between carob trees and holly oaks whilst marvelling at the rugged coastline. The route leads you comfortably down to the well-known beach of the Cala Luna. En route you come across the amazing rock arch of Arcada. Then onwards by boat to the idyllic bay of Cala Gonone with the option of a short stop-over at the impressive cave of Bue Marino. Walking time: approx. 5 hours.

Details: approx. 12 km, +600 m / -600 m

Day 6

Circular walk Cala Fuili and Cala Luna A magnificent walk takes you via the small and well-hidden rocky bay Cala Fuili to Cala Luna. You will go along a shady hiking trail through forest and coastal terrain past hidden caves and gorges. After a refreshing swim in the sea and a stop in a beach bar, you take a ship back to Cala Gonone with the option to take a stop at the fascinating stalactite caves in Bue Marino. Walking time: approx. 3 to 4 hours. Details: approx. 9 km, +210 m / -220 m

Day 7

Round trip Cala Cartoe Walk from the coast down to the top of the pass from where you get expansive views of Sardinia's inland. You walk around the Monte Iverri and then get to the idyllic sandy beach Cala Cartoe. By walking along the cliffs you will get fantastic views of the Gulf of Orosei. Up high on the cliffs is a great place to reflect on your week's walking. Walking time: approx. 3.5 to 6 hours. Details: approx. 17 km, +630 m / -630 m

Day 8

Individual departure or extra days

WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

3 BIG BENEFITS OF BOOKING WITH US



TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



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There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



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