

SLOW TOURS

Full Itinerary and Tour details for

Dolomites-Lake Garda 7-day Self-guided Cycling Tour Level 1



Prices starting from.

699 €

Trip Duration.

7 days

Max Passengers.

12

Start and Finish.

Brixen to Riva

Activity Level.

1

Experience.

Cycling Tours Europe

Tour Code.

#B1/2284

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Tour Details and Description

This bicycle tour starts at the foot of the Dolomites, at the highest point of the Pustertal valley. Beautiful and partly new bike paths lead along the rivers Rienz, Eisack, and Adige to Rovereto. From there, you will cycle to the northern shore of Lake Garda. Some towns with their arcades still show the typical Tyrolean style. In Trentino, the Tyrolean style is mixed with Italian influences. Monasteries, cathedrals, and castles are located along the way. In Bolzano the oldest Tyrolean, Ötzi, the man from the ice, is waiting for your visit. Lake Garda offers not only an impressive view, but also many opportunities for relaxation after this comfortable cycling tour.

Tour character: Level 1

This is an easy and enjoyable tour. You will cycle on beautiful bike ways along the rivers Rienz, Eisack and Adige, down to Rovereto. On your way from the Adige valley to Lake Garda, you will find the only more significant climb. This tour allows for easy cycling with a lot of time for culture, relaxation and enjoyment.

Included in the Cycling Tour:

- 6 x overnight stays in 3* and 4* accommodation
- Breakfast buffet or ample breakfast
- Personal tour information
- Luggage transfer between hotels
- Excellently planned routes
- Detailed travel information (route maps or overview maps, route description, tourist attractions, important telephone numbers)
- Train ticket Brixen - Toblach incl. your bike
- Brixen card for many free admissions and discounts
- 1 x pistachio ice cream on the way to Lake Garda
- GPS-tracks available
- Rental bike insurance

- Service hotline

Not included in the tour:

- Bike rental
- Bike insurance
- Visitor's taxes, if due, are not included in the tour price
- Return transfer by minibus every Saturday morning, costs € 65 per person, extra 19 EUR for your bike, to be paid for at the time, reservation is necessary

Arrival / parking / departure:

- Brixen train station
- Verona and Innsbruck airport
- Garage costs approx 60 EUR per week, to be paid for at the time, no reservation possible
- Free car park, unattended on the outskirts of Brixen
- Public bus from Riva/Torbole to Rovereto, good train connections from Rovereto to Brixen.
- Departures Saturdays and Sundays

**If you would like to rent a bike or e-bike please contact our office when booking:
sales@slowtours.com**

Bike 89 EUR e-bike 199 EUR

WHAT SLOW TOURS OFFERS YOU:

Customer Service: Hand-picked partners in whom we trust to deliver great service.

Best Selection: The best range of escorted and self-guided tours in Europe

Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary

Day 1

Arrival in Brixen Since the 10th century, Brixen has been an Episcopal city. The old town with its arcades and cathedral is worth a visit. The city is located in the middle of picturesque vineyards.

Day 2

Niederndorf/Toblach – Brixen approx. 65 km Today, you will take the train from Brixen into the Pustertal valley to Bruneck or Toblach. Following the river Rienz, you will cycle mostly downhill, past the accumulation lake Olang Stausee to Bruneck (ethnographic museum). On comfortable ways, you will continue your journey in the lower Pustertal

valley, through the Mühlbacher Klause into the Eisacktal valley and to Brixen (arcades, cathedral, monastery of Neustift).

Day 3

Brixen – Bolzano approx. 40 km You will cycle through the town of Klausen, along the river Eisack to Waidbruck (view of the castle Trostburg). Here, the valley narrows and leads you to the Bolzano basin. The city of two cultures is waiting for you (archeological museum with Ötzi, the Iceman) – access into the museum with Brixen card on that day included.

Day 4

Bolzano – Kaltern/Tramin/Auer approx. 30 km There are two options to get to Lake Kalterersee: Either on slightly hilly ways on the new bike way via Eppan and St. Pauls (cathedral in the country), or on the Adige river dam to Auer and from there to Lake Kalterersee or even further to the charming wine town of Auer.

Day 5

Auer – Trento approx. 45 kms You will ride your bike from Lake Kalterersee or Auer on the Adige river dam bike path. At the Salurner Klause, the German speaking South Tyrol ends. The bike path will lead you through famous the wine regions of Trentino to the old Episcopal city of Trento (old town, cathedral, castle Buonconsiglio).

Day 6

Trento – Riva/Northern Lake Garda approx. 45 km Shortly after the old Tyrolean border town Rovereto, you will leave the Adige Valley. After the only more significant climb (approx. 150 metres) at Mori, you will head down to the lake to Torbole. Your bicycle tour will end in Riva, Torbole, or Arco.

Day 7

Departure or Extended Visit at Lake Garda

WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

3 BIG BENEFITS OF BOOKING WITH US



TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

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