

SLOW TOURS

Full Itinerary and Tour details for

Brittany's Morbihan Gulf 6-day Self-guided Cycling Tour Level 1/2



Prices starting from.

890 €

Trip Duration.

6 days

Max Passengers.

8

Start and Finish.

Sarzeau to Sarzeau

Activity Level.

1

Experience.

Cycling Tours Europe

Tour Code.

#B1/2323



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HAVE SOME QUESTIONS?

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Tour Details and Description

Discover the ever-changing light and colors of Brittany on a cycling adventure through one of France's most magical coastal regions. Your journey will guide you past wild beaches, quiet coves, and a scattering of enchanting islands — including Île aux Moines and Île d'Arz. Along the way, you'll cycle through fishing villages, historic towns, and timeless landscapes shaped by the sea.

Circle the Gulf from the ocean to the rivers, with the medieval city of Vannes as your starting point and a backdrop of islands that shift with every tide. Pedal across the Rhuys Peninsula with its windswept shoreline, ride past the harbors of Larmor-Baden, Port Navalo, and Saint-Goustan, and marvel at the mysterious megaliths of Carnac. Between land and sea, every moment offers a new palette of colors and a unique atmosphere.

Tour Character: Level 2

Easy cycling. Few hilly stages

Included in the Morbihan Cycling Tour:

- 5 nights' accommodation in 2/3* hotels (3/4* hotels on request)
- Breakfasts
- Boat transfers on days 2,4 and 5
- Transport of luggage between hotels (1 luggage, 20kg per person)
- 1 travel folder including Colour maps
- Custom navigation app showing points of interest along the route
- Taxes & services
- Hotline 7 days a week

Not included:

- Lunches, dinners drinks and personal expenses
- Entrance fees to the monuments
- Bike rental
- Helmets
- Solo supplement: 120 EUR (if you are the only person on the tour)

Travel Insurance:

- Wander the World Without Worry! For your global travel insurance and evacuation services click on this link to get a quote (all quotes are in USD) in just a few moments: [Global Travel Insurance](#)

Arrival/ departure:

- From Paris: Montparnasse train station > Vannes train station (about 2h40 by TGV train)

Notes:

- Extra night in Vannes: From 70 EUR p.p (+55 EUR single room)
- Daily departures from April to September
- Extra luggage supplement - 30 EUR per piece, per transfer

If you would like to hire a Hybrid bike (100 EUR), or E-bike (150 EUR) please contact our office when booking sales@slowtours.com

WHAT SLOW TOURS OFFERS YOU:

Customer Service: Hand-picked partners in whom we trust to deliver great service.

Best Selection: The best range of escorted and self-guided tours in Europe

Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary

Day 1

Arrival in Vannes Take time to discover this city well known for its ramparts and its charming marina. Walk into the "intra-muros" (inside the fortification) with its pretty half-timbered houses.

Day 2

Vannes- Ile d'Arx – Sarzeau | 20km or 35 km For your first bike stage, leave Vannes to reach the "Arz" island (30 minutes crossing). The visit of the island by bike is free. On your return, reach Séné, before joining Saint-Armel and its salt marshes. Go further in the Rhuys peninsula joining Sarzeau.

Day 3

Sarzeau – Arzon | 35 km Go south towards the imposing Château de Suscinio! On the seaside, this mediaeval Château de Suscinio, built during the 13th and 15th centuries was the favourite home of the Brittany dukes. Then cycle to the 'Pointe St Jacques' then to the very beautiful St Gildas de Rhuys peninsula and its 11th century church. Continue to the Gulf up to the tiny fishing port 'Le Logeo' before joining Arzon.

Day 4

Arzon – Auray | 40km Reach Port Navalo and embark for a boat transfer to Locmariaquer. Then continue to La Trinité-sur-Mer, a charming fishing port and marina, before reaching the town of Carnac, world famous for its megalithic sites! Proceed to Auray, an old harbour city tucked away on an inlet.

Day 5

Auray – Vannes | 35 km Take a look at in the charming mediaeval Port of St Goustan before starting your last bike stage in the heart of the Morbihan Gulf. Reach the picturesque ports of Le Bono and Larmor Baden (from where you walk along the sumptuous Berder Island) before embarking for "Ile aux Moines" island in Port Blanc (5 minutes crossing). The itinerary on the island is free to allow you to enjoy the pearl of the Gulf as you wish. Continue to then Arradon, a seaside resort known as the Morbihan Riviera, before reaching Vannes.

Day 6

Departure during the day

WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

3 BIG BENEFITS OF BOOKING WITH US



TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

Don't take our word for it
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