

# SLOW TOURS

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Full Itinerary and Tour details for

## Emmental Region Lucerne to Bern 7-day Self-guided Walking Tour Level 2



Prices starting from.

**759 €**

Trip Duration.

**7 days**

Max Passengers.

**12**

Start and Finish.

**Lucerne to Bern**

Activity Level.

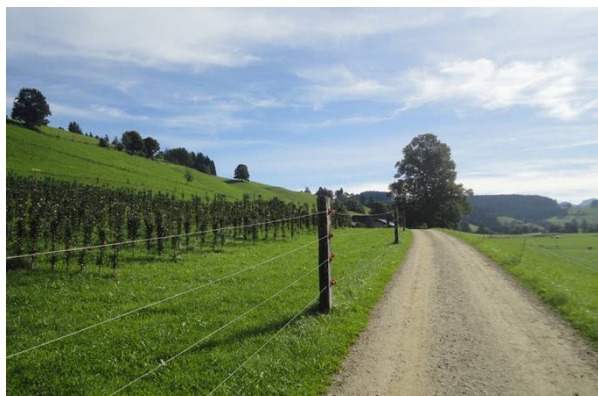
**2**

Experience.

**Walking Tours Europe**

Tour Code.

**#B1/2339**

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## Tour Details and Description

Coined through meadows and grazing land, the lovely landscape of Emmental is located in front of high peaks between the well known cities Lucerne and Bern, which are start- and end point of this walking tour. Our walking week leads along many small hills away from Lucerne's city life towards mountain Napf, the highest peak of the Emmental region. You pass idyllic villages, discover typical farmhouses and walk along rivers through silent valleys. And finally Bern is awaiting you at the end of your journey, the Swiss capital city with its Bärengaben and well-known cathedral.

**Tour character: level 2**

Easy hikes through the hills of the Emmental. The trails are in a good condition and it's easy to walk them but many small up- and downhills and some longer distances require good health.

## Included in the Lucerne to Bern Walking Tour:

- 6 overnights in good 3\* accommodation, breakfast included
- Luggage transfer
- Welcome meeting
- Carefully elaborated route
- Detailed route instructions
- Service-Hotline

## Not included in the tour:

Fares with city train (approx. CHF 10 per person)

**Arrival / Parking / Departure:**

- Train via Zürich to Luzern, change to Bus or walk some minutes to the hotel.

- Car park in Luzern: Public park garage "Kesselturm" for approx. CHF 15 per day. No reservation possible.
- Departure from Bern to Luzern by train, duration approx. 1 hour.
- Daily departures

#### WHAT SLOW TOURS OFFERS YOU:

**Customer Service:** Hand-picked partners in whom we trust to deliver great service.

**Best Selection:** The best range of escorted and self-guided tours in Europe

**Secure payment:** Secure booking onsite through Stripe, the largest online provider of financial payment services.

**Support:** Contact us for support services on any Slow Tour - email or telephone support.

**Reviews:** Customer reviews available, and being constantly updated

## Itinerary

### Day 1

Individual arrival to Lucerne. Arrival at hotel.

### Day 2

Lucerne – Wolhusen You walk along the promenade out of the city, and through the Emmenbrücke (bridge). From there you reach the ridge of mountain

Brunau Berg, where you follow the Kapellenweg (chapel path). The path leads along precious farmhouses and brings you back into the valley, where you follow river Emme to Wolhusen. Walking time: approx. 6 hrs. Details: approx. 21 km, +300 m / -580 m

### Day 3

Wolhusen – Luthern Bad From Wolhusen you continue to Wiggerewald. After a short while you walk along a nice river through a silent valley. At the Bärrüti a small path leads you up to an alpine panorama path, where you can enjoy beautiful views onto the surrounding peaks. At the end of your walking tour you reach Luthern Bad with its pilgrimage church Maria-Heilbronn. Walking time: approx. 5 hrs. Details: approx. 16 km, +700 m / -390 m

### Day 4

Luthern Bad – Lüderenalp/Wasen im Emmental Today the royal stage is awaiting you. Mountain Napf is with its 1.408 m the highest peak of the Emmental region, so an amazing view is guaranteed. Nevertheless the walk up, to enjoy a bewitching panorama onto the hills of the region is demanding. At the top a break in mountain hotel Napf is awaiting you before you walk along a panorama path to Lüderen alp. Walking time: approx. 5 hrs. Details: approx. 14 km, +840 m / -570 m

### Day 5

Lüderenalp/Wasen i. E. - Langnau im Emmental You start from Lüderenalp to walk to the Stäckegrat. This route offers great views onto the peaks of the Alps. Finally you pass Trubschachen, which is one of the most beautiful villages in the Emmental region. This village is well known as birthplace for the Emmental cheese. Many big farmhouses, guesthouses and a

small museum can be explored there. Walking time:  
approx. 5,5 hrs. Details: approx. 17 km, +410 m /  
-870 m

#### Day 6

Langnau im Emmental - Worb bei Bern/Bern From  
Langnau i.E. you walk to Moosegg. Over the rolling  
hills of the Emmental your route leads to the more  
densely populated areas in the vicinity of Bern. You  
walk over the Geissrügge to Worb, to the end of your  
hike. For the last kilometers you take the S-Bahn to  
the city center of Bern. Walking time: approx. 6 hrs.  
Details: approx. 22 km, +560 m / -660 m

#### Day 7

Individual departure or additional stay

## WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

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### 3 BIG BENEFITS OF BOOKING WITH US



#### TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



#### DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



#### PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

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