

SLOW TOURS

Full Itinerary and Tour details for

Adige River: Bolzano to Verona 5-day Self-guided Cycling Tour Level 1



Prices starting from. 670 €	Trip Duration. 5 days	Max Passengers. 12
Start and Finish. Bolzano to Verona	Activity Level. 1	
Experience. Cycling Tours Europe	Tour Code. #B1/2346	



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Tour Details and Description

The best of the Adige cycling route in five days! Start cycling in South Tyrol, a crossroads of peoples and cultures. As you follow the course of the Adige River southward, vineyards and perched castles give way to olive groves, typical of the Lake Garda area. Grand finale with arrival in Verona, one of the most beautiful and important cities of art in the Veneto region: if you are passionate about history (and love legends) you will not be disappointed.

Highlights:

- The South Tyrolean Wine Route
- The spectacular view of Lake Garda from Passo San Giovanni
- Roman vestiges and Shakespearean memories in Verona

Tour character: Level 1

If you have less than a week to spare but don't want to miss out on the best of the Adige bike route, then this tour is for you. The route is mostly flat with a few short climbs and is on bike paths and low-traffic secondary roads. Attention should be paid to traffic when entering and leaving cities, especially coming into Verona. The longest stage (the first one) can be shortened by taking a train part of the way.

- Total length: 155km
- Terrain: 95% tarmac, 5% unpaved
- Train connection among the overnight stays: every day
- Possibility to shorten the itinerary by taking the train: day 2 and 3.

Included in the Tour:

- 4-nights hotel accommodation in 3*/4* hotels
- 4 Breakfast

- Luggage transportation (1 piece, 20kg per person)
- App including travel guide + Maps + Roadbook
- Digital tour information
- 4-hour ferry cruise from Riva to Peschiera (bike included)
- Hotline service

Not included in the Tour:

- Local taxes (approx 10 EUR)
- Train fees (if shortening your cycle on any day)
- Tips
- Bike rental
- Drinks and other meals
- Helmet - 15 EUR
- Anything not mentioned in 'included'

Travel insurance:

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- For your global travel insurance and evacuation services click on this link to get a quote (all quotes are in USD) in just a few moments: [Global Travel Insurance](#)

Notes:

- Extra night in Verona: From 85 EUR p.p (135 EUR single person)
- Extra nights in Bolzano: From 130 EUR p.p (200 EUR single person)
- Departures Sundays and Wednesdays - Special departure dates for at least 6 people
- All rooms have en suite facilities. Most hotels have air conditioning while some smaller hotels and hotels located in mountain areas of northern Italy can be without air conditioning.
- Hybrid bike - 100 EUR

If you would like to hire a Touring bike (70 EUR) or E-bike (180 EUR), please contact our office

when booking: sales@slowtours.com

WHAT SLOW TOURS OFFERS YOU:

Customer Service: Hand-picked partners in whom we trust to deliver great service.

Best Selection: The best range of escorted and self-guided tours in Europe

Secure payment: Secure booking onsite through Stripe, the largest online provider of financial payment services.

Support: Contact us for support services on any Slow Tour - email or telephone support.

Reviews: Customer reviews available, and being constantly updated

Itinerary

Day 1

Bolzano Individual arrival. Bolzano is a famous commercial and tourist centre and also a historical and cultural connection between the Italian and the German-speaking world.

Day 2

Bolzano – Trento 65/70 km Today you will ride mostly along the Adige River, through orchards and vineyards passing the villages of Ora, Egna and Salorno. The dam pathways leads then to Trento. Possibility to shorten the stage by taking the train in

several train stations along the way.

Day 3

Trento – Desenzano/Peschiera 50 km by bike + ferry
Always pedalling along the river Adige you reach Rovereto and Mori. From here westwards towards Lake Garda. After a short ascent, a refreshing descent will follow and lead you to Torbole and Riva. The ferry cruise takes you to the southern part of the lake.

Day 4

Desenzano/Peschiera – Verona 60/35 km Today you head to Verona. With the Adige crossing it, this is one of the most important and beautiful cities in the Veneto region. Worth visiting are: the Roman Arena, the Church of San Zeno and Juliet's House.

Day 5

Verona Departure after breakfast. Due to organisational reasons, weather conditions or provisions issued by local authorities, the itinerary may be subject to some changes before and/or during the holiday. Along the way you may find temporary deviations (for example road works) which cannot be foreseen, in this case each rider can decide autonomously how to deal with these stretches.

WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

3 BIG BENEFITS OF BOOKING WITH US



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