

# SLOW TOURS

Full Itinerary and Tour details for

## Agritourism Foodies 8-day Food Tour in Slovenia



Prices starting from.

**4980 €**

Trip Duration.

**8 days**

Max Passengers.

**8**

Country.

**Slovenia**

Activity Level.

**1**

Experience.

**Food Tours Europe**

Tour Code.

**#B1/2405**



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## Tour Details and Description

### Highlights:

- Tasting the authentic and diverse Slovenian cuisine in 5 culinary regions
- Savoring private winery tours and tastings
- Eating in a world's best restaurant
- Seeing the best of different Slovenian regions
- Learning about the history of the area
- Cooking traditional dishes with local women

### Accommodation:

Stay in a beautiful family-run tourist farm in Goriška Brda, (Slovenian Tuscany), for a unique cooking and wine tasting holiday. Taste authentic Slovenian food and wine, feel the diverse nature and see the best in different regions with focus on the Mediterranean, (Goriška Brda, Karst, Vipava Valley), and the Julian Alps, (Kobarid).

### Experiences:

When you are not cooking with the local women you will be touring the wonderful countryside, the orchards and vineyards, exploring regional delicacies, enjoying daily tours of local sites and medieval villages, visiting the region's best wineries, eating in a world class restaurant and enjoying breathtaking fairytale landscapes. It's all about the experience, a combination that allows you to sample both the region's most refined cuisine and its most rustic traditions.

Indulge your passion for food, wine and nature on this fantastic cooking and wine tasting holiday in Slovenia, an experience that you will treasure long after your trip is over.

### Included in the Food Tour:

- Full-time, professional English speaking guide/driver throughout the trip

- All accommodations throughout the trip (1 night in Ljubljana, boutique family run B&B hotel 4\* and 6 nights in a beautiful family-run tourist farm), both with private bathroom (prices are based on two people sharing a twin/double room)
- All meals, drinks, and tastings as noted in the daily itinerary
- 1 cooking class of approximately 2 hours
- All land transportation according to the itinerary
- Entrance fee to Kozjak waterfall
- Day 8 - transfer to the Ljubljana or Ljubljana airport
- Tourist tax

### Not included in the tour:

- International airfare and airport taxes
- Transportation to/from the start and end destination
- Meals beyond those specified in the itinerary above
- Extra alcoholic beverages
- Travel insurance (highly recommended)
- Optional gratuities for your guides
- Personal expenses

### Travel Insurance:

- Wander the World Without Worry! For your global travel insurance and evacuation services click on this link to get a quote (all quotes are in USD) in just a few moments: [Global Travel Insurance](#)

### Notes:

- If you request single accommodation, please book early as there is a limited number of single rooms available. If you wish to share a room, we will assign you a room mate if one is available.
- Group size is 2-8 persons

### WHAT SLOW TOURS OFFERS YOU:

**Customer Service:** Hand-picked partners in whom we trust to deliver great service.

**Best Selection:** The best range of escorted and self-guided tours in Europe

**Secure payment:** Secure booking onsite through Stripe, the largest online provider of financial payment services.

**Support:** Contact us for support services on any Slow Tour - email or telephone support.

**Reviews:** Customer reviews available, and being constantly updated

## Itinerary

### Day 1

**ARRIVE TO LJUBLJANA** Welcome to Slovenia's charming capital! Arrive in Ljubljana and check into your room. Stroll along the riverbanks and admire iconic bridges and stunning architecture, explore the historical city centre and medieval old town and walk around the colourful marketplace. Don't miss the opportunity to visit Ljubljana Castle and treat yourself with beautiful views of the city from the castle's ramparts or Outlook Tower. In the afternoon you will meet your guide and fellow travelers in the hotel. Enjoy a welcome dinner while discussing the exciting itinerary ahead. Meals included: Dinner  
Accommodation: Slami ■ B&B 4\*

## Day 2

**EXPLORE VIPAVA VALLEY** After breakfast, drive to the very edge of the Karst with a spectacular views of the entire Vipava Valley. Meet the local organic cheese producer, walk to the colorful pastures and interact with the sheep and goats. Learn the story about their farm and taste different kinds of cheeses paired with jams and fresh local herbs. Explore the scenic hillside town Vipavski križ with a unique historical background. Admire the old streets and squares in one of the sunniest regions of Slovenia. Short transfer to a small village in Vipava Valley and visit a family-run wine cellar. During the wine tasting learn about the rich winemaking traditions of the region. Continue to Goriška Brda, Slovenia's most beautiful winegrowing region. Check into your room, swim in the pool or just relax in the garden with a glass of local wine. In the evening enjoy a welcome dinner with a wine pairing. Cheers to happiness and stunning vineyard views. Meals included: Breakfast, Dinner Accommodation: Family run tourist farm-Štekar

## Day 3

**DISCOVER GORIŠKA BRDA WITH COOKING CLASS** Begin your day with a visit to the historic Dobrovo Castle, a stunning Renaissance structure from the 17th century. Immerse yourself in the scenic beauty of the poetic village of Medana, before climbing to the lookout tower at Gonjale, that offers magnificent views of the entire region and even the Adriatic coast. Wrap the tour by visiting Šmartno, one of the best preserved medieval villages in Slovenia. In the heart of Goriška Brda you will discover a true wine journey from the vineyard to the cellar. Experience the flavors of their wines accomplished with local cold cuts and guided tour of their family wine cellar. After everyone has put their aprons on, we will begin our cooking class at 5 PM. The cooking lesson will last around 2 hours and focus on cooking

traditional Goriška Brda dishes. Local women will share their culinary secrets and family recipes. After a delicious meal crafted by your own hands, enjoy the tour of the family-owned wine cellar. The owners will show you how they follow and nurture a centuries-old tradition of winemaking methods in addition to offering diverse, excellent certified organic wines. Meals included: Breakfast, Dinner Accommodation: Family run tourist farm-Štekar

## Day 4

**THE KARST REGION AWAITS** Start the day with a drive to the Karst wine-growing region. Explore old villages, admire the landscape of limestone plateaus and taste the world of culinary delights. Visit a local wine maker, tour their 200-year-old wine cellar and discover the taste of Karst with their famous local wines and air dried ham (Karst prosciutto). Take a leisurely stroll through the medieval village of Štanjel, the pearl of the Karst stone villages, and feel the history and culture of this region. Meet the local producer and learn the traditions of the Karst Honey with Protected Designation of Origin. Taste the traditional Karst dishes at a local restaurant for dinner and their famous dessert, pear in Teran wine sauce and walnut štrukelj. Meals included: Breakfast, Dinner Accommodation: Family run tourist farm-Štekar

## Day 5

**PIRAN AND SLOVENIAN ISTRIA** Spend a day on the Slovenian coast region and discover the scenic, historical, and gourmet delights. Meet the local olive oil producer who will take you into the journey of tasting the extra virgin olive oil, before wandering through the charming and romantic Piran, one of the cutest towns in Slovenia. Walk along the beautiful narrow streets, and admire the rich history that is reflected in the Venetian architecture. You will be charmed by the stunning views from the old Piran Town Wall, from which you can admire the city from a

different perspective and see the coastline of the Adriatic Sea. Savor a seafood lunch on your own if desired before free time for shopping, or just sipping a coffee on a Tartini Square. In the hinterland of Slovenian Istria taste traditional local dishes prepared by old family recipes, from homemade pasta with truffles or scampi to famous octopus or meat cooked under the lid. We will spice up the event with apéritif and raise a toast with local wine to celebrate an unforgettable day with the view of the entire Piran Bay. Meals included: Breakfast, Dinner  
Accommodation: Family run tourist farm-Štekar

#### Day 6

**SOČA VALLEY ADVENTURE** A day trip to the stunning Soča River Valley, one of the most beautiful river valleys in the world. The day will be a blend of nature, history, and delicious food. Visit a local fish farm and learn about the famous Soča Marble trout. Enjoy a scenic and pleasant walk to the lovely, hidden Kozjak waterfalls before visiting the historic town of Kobarid, where Ernest Hemingway was inspired to pen his novel, A Farewell to Arms. Thanks to unspoiled nature and Alpine pastures, only few can resist famous local culinary specialties in the region. Experience the flavors of Soča Valley through a gastronomic experience, slow-food dinner, paired with the best Slovenian wines, set against the backdrop of the majestic Mount Mangart. Meals included: Breakfast, Dinner  
Accommodation: Family run tourist farm-Štekar

#### Day 7

**SPARKLING WINE AND FAREWELL DINNER** In the heart of Goriška Brda, uncover the brilliance of one of Slovenia's oldest wineries, located in a chateau that was built in the 13th century. It is now home to a family run winery, primarily known for their award-winning sparkling wines, crafted using traditional techniques. Tour the wine cellar, connect

with the passionate winemaker and enjoy tasting the selection of sparkling wines, all while enjoying the breathtaking views of the Goriška Brda wine region. Gather for a memorable farewell dinner served in the countryside of Goriška Brda. Each dish will be thoughtfully paired with our host's exceptional selections, introducing you to Slovenia's renowned amber wines, also known as orange wines. Winery continually ranks on the list of 100 best wineries in the world by Wine and Spirits Magazine. Raise a toast to a delightful culinary adventure in Slovenia, celebrating the unforgettable memories created throughout the tour. Meals included: Breakfast, Dinner  
Accommodation: Family run tourist farm-Štekar

#### Day 8

**GOODBYE SLOVENIA** After breakfast, guests have time to check out of their rooms. You will be taking delicious flavors, good memories, local products, and a collection of fantastic Slovenian recipes home with you. We will transfer to the vibrant capital town of Ljubljana to catch afternoon flights or train departures. Or, extend your stay to explore the old part of the city and its colourful marketplace. Meals included: Breakfast  
Notes on the Itinerary Although we do our very best to adhere to the schedule listed above, this itinerary is subject to change for numerous reasons beyond our control

## WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

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### 3 BIG BENEFITS OF BOOKING WITH US



#### TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



#### DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



#### PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

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