

# SLOW TOURS

---

Full Itinerary and Tour details for

## Agritourism Foodies 8-day Food Tour in Slovenia



Prices starting from.

**4980 €**

Trip Duration.

**8 days**

Max Passengers.

**8**

Country.

**Slovenia**

Experience.

**Food Tours Europe**

Tour Code.

**#B1/2405**

**DON'T TAKE OUR WORD FOR IT**

Visit our Reviews page to learn  
why a Slow Tour is the Best Tour!

[slowtours.com/reviews](https://slowtours.com/reviews)

**HAVE SOME QUESTIONS?**

Find the answers  
on our Q&A page

[slowtours.com/questions-and-answers](https://slowtours.com/questions-and-answers)



## Tour Details and Description

**Imagine:**

Tasting the authentic and diverse Slovenian cuisine  
in 5 culinary regions  
Savoring private winery tours and tastings  
Eating in a world's best restaurant  
Seeing the best of different Slovenian regions  
Learning about the history of the area  
Cooking traditional dishes with local women

**Accommodation:**

Stay in a beautiful family-run tourist farm in Goriška Brda, (Slovenian Tuscany), for a unique cooking and wine tasting holiday. Taste authentic Slovenian food and wine, feel the diverse nature and see the best in different regions with focus on the Mediterranean, (Goriška Brda, Karst, Vipava Valley), and the Julian Alps, (Kobarid).

**Experiences:**

When you are not cooking with the local women you will be touring the wonderful countryside, the orchards and vineyards, exploring regional delicacies, enjoying daily tours of local sites and medieval villages, visiting the region's best wineries, eating in a world class restaurant and enjoying breathtaking fairytale landscapes. It's all about the experience, a combination that allows you to sample both the region's most refined cuisine and its most rustic traditions.

Indulge your passion for food, wine and nature on this fantastic cooking and wine tasting holiday in Slovenia, an experience that you will treasure long after your trip is over.

## Included in the Food Tour:

- Full time experienced English speaking guide/driver throughout the trip
- 7 nights / 8 days accommodation in a beautiful family run tourist farm with private facilities
- All meals and tastings as noted in the daily itinerary
- 1 cooking class of approximately 2 hours
- Traditional spirits and liquors tasting
- All land transportation according to the itinerary
- Entrance fee to WWI museum
- Apron and Slovenian gift
- Day 8 - transfer to Ljubljana train station or downtown hotel
- Tourist tax

### Not included in the tour:

- International airfare and airport taxes
- Extra drinks and alcoholic beverages
- Travel insurance (highly recommended)
- Optional gratuities to your guides
- Personal expenses

### Notes:

- If you request single accommodation, please book early as there is a limited number of single rooms available. If you wish to share a room, we will assign you a room mate if one is available.

### WHAT SLOW TOURS OFFERS YOU:

**Customer Service:** Hand-picked partners in whom we trust to deliver great service.

**Best Selection:** The best range of escorted and self-guided tours in Europe

**Secure payment:** Secure booking onsite through Stripe, the largest online provider of financial payment services.

**Support:** Contact us for support services on any Slow Tour - email or telephone support.

**Reviews:** Customer reviews available, and being constantly updated

## Itinerary

### Day 1

The Škocjan Caves and Goriška Brda If you come to Ljubljana a few days earlier, you will be picked up at your hotel at 10am otherwise pick up will be at 11am at the Ljubljana airport. After a short transfer your first stop is the Škocjan Caves Regional Park, one of Slovenia's most beautiful natural sights, included in the UNESCO World Heritage list. Their picturesque underground world is famous for its giant dripstone formations, underground rapids and lakes, where you will explore the largest underground river canyon in the world. After the culinary delicacies of the Karst we continue to Goriška Brda, Slovenia's most beautiful wine growing region. Check into your room and take your time to explore the tourist farm, walk around the

vineyards, swim in the pool or just relax in the garden with a glass of wine. In the evening, you will enjoy a welcome dinner with traditional and local dishes. This is a fun and easy way to get to know everyone. After dinner, you will tour the family's wine cellar. The owners show you how they follow and nurture a centuries-old tradition of wine making methods in addition to offering diverse, excellent certified organic wines. Meals included: Lunch, Dinner

#### Day 2

The Vipava valley and the Karst region After breakfast, we will drive you to the small, culturally protected village of Gornje, where you will learn about the history of the Vipava valley. The trail will lead us to a 650 year old farmhouse, hidden in the narrow streets, where we will eat lunch with local specialties and later taste wine in one of 75 preserved stone-arched wine cellars with the owner. You will never forget the experience, it is a real gourmet's dream! After lunch, we will visit the scenic hillside town with a unique historical background. It used to be the center of the valley for centuries. Admire the old streets, squares, and other attractions in one of the sunniest regions of Slovenia and taste local wine. At a height of more than 1000 meters, we will visit a tourist farm where unique batches of cheese are created by special processes. Each is a story in itself. Before dinner and wine sampling, you will be fascinated by the beautiful view of the Vipava Valley. Meals included: Breakfast, lunch, dinner

#### Day 3

Wine tasting and cooking class We start the day with a visit to one of the 2017 Top 100 Wineries in the World, selected by Wine and Spirits Magazine. It is one of the 12 wine creators of the world. Enjoy wine tasting and a light lunch at the same time as a great view overlooking the Medana vineyards. After everyone has put their aprons on we will begin our

cooking class at 5pm. The cooking lesson will last around 2hrs and will focus on cooking typical Goriška Brda dishes. Local women will share with you their culinary secrets and family recipes. After the cooking class we sit down to enjoy the fruits of your labour and enjoy the meal that you have just prepared. Meals included: Breakfast, lunch, dinner

#### Day 4

Exploring Goriška Brda and sparkling wine tasting We start our tour at Dobrovo castle, a 2-storey Renaissance structure from the 17th century. We pass through the poetic village of Medana, before climbing to the lookout tower at Gonjale, that will offer magnificent views of the entire region, even the Adriatic coast. We wrap up our tour by visiting Šmartno, one of the best-preserved medieval villages in Slovenia. A traditional lunch will be served in the walled town of Šmartno where you will also sample traditional spirits and liquors from different fruits and herbs and learn the production method. In the heart of Goriška Brda you will discover one of the oldest cellars in Slovenia located in a Chateau built in the 13th century. It is now home to a family run winery, primarily known for their award-winning sparkling wines, which are made according to traditional methods. You will tour the wine cellar and enjoy a delicious home cooked dinner with a selection of sparkling wines. Meals included: Breakfast, lunch, dinner

#### Day 5

Sotla River Valley A day trip to the stunning Sotla River Valley, one of the most beautiful river valleys in the world. The day will be a blend of nature, history and delicious food. First, we will have a scenic and pleasant walk to the lovely, hidden Kozjak waterfalls before visiting the historic town of Kobarid where Ernest Hemingway was inspired to pen his novel - A Farewell to Arms. You will have time to visit the World



War 1 Museum or just relax in a pub tasting local craft beer. In the evening it will be time for a gastronomic experience, dinner prepared by one of the most innovative chefs, Ana Roš, in the family run restaurant Hiša Franko (Star of Netflix's Chef's Table— Season 2) and World's Best Female Chef for 2017 by The World's 50 Best Restaurants organisation and among 50 World's Best Restaurants for 2017. You will enjoy a slow food dinner with selection of Slovenian wines. Meals included: Breakfast, lunch, dinner

#### Day 6

Piran and Slovenian Istria with truffle hunting We will spend a day on the Slovenian coast region and discover the scenic, historical, and gourmet delights. You will explore charming and romantic Piran, one of the cutest towns in Slovenia, walk along the beautiful narrow streets, and admire the rich history that is reflected in the Venetian architecture. You will be charmed by the stunning views from the old Piran Town Wall, from which you can admire the city from a different perspective and see the coastline of the Adriatic Sea. Enjoy a seafood lunch with local wine before you have free time for shopping, swimming, or just sipping a coffee on a Tartini Square. Then it is time to enter the world of truffles. Learn all the secrets about black and white truffles and why they grow in Slovenian Istria. After the successful truffle hunt, you will cook „fuži“ (local name for pasta) with truffles according to old family recipes with the locals. We will spice up the event with appetizes and raise a toast with local wine to a great day. Meals included: Breakfast, lunch, dinner

#### Day 7

The Karst Region and farewell dinner We will start a day with a short drive to the Karst wine-growing region. Explore old villages, admire the landscape, and taste the world of culinary excellence. Visit a

boutique family-owned prosciutto-drying tourist farm where they are preserving the cultural heritage of prosciutto-drying craft in the Karst region, which has been formed through many generations. And discover the taste of Karst with the famous Teran red wine. We will take you on a short walking tour to the medieval village of Štanjel the pearl of the Karst stone villages, where you will feel the history and culture of this region. A farewell dinner will be served in the Brda countryside, where each dish will be enhanced by a selection of our host's wine. This will be a fine introduction to amber wines, better known as orange wines. Winery continually ranks on the list of 100 best wineries in the world by Wine and Spirits Magazine. Meals included: Breakfast, lunch, dinner

#### Day 8

Goodbye Slovenia After breakfast, guests have time to check-out of their rooms. You will be taking delicious flavours, good memories, local products and a collection of fantastic Slovenian recipes home with you. You will be transferred to the vibrant capital town of Ljubljana to catch afternoon flight or train departures. Or, extend your stay to explore the old part of the city and colourful market place. Meals included: Breakfast Notes on Itinerary Although we do our very best to adhere to the schedule listed above, this itinerary is subject to change for numerous reasons beyond our control.

## WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

---

### 3 BIG BENEFITS OF BOOKING WITH US



#### TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



#### DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



#### PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

---

Don't take our word for it  
Visit our Reviews page to learn why a Slow Tour is the Best Tour!

[slowtours.com/blog/reviews](https://slowtours.com/blog/reviews)

---

Have some questions?  
Find the answers on our Q&A page.

[slowtours.com/questions-and-answers](https://slowtours.com/questions-and-answers)