

# SLOW TOURS

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Full Itinerary and Tour details for

## Salzalpensteig 8-day Self-guided Walking Tour Level 3

Prices starting from. <b>979 €</b>	Trip Duration. <b>8 days</b>	Max Passengers. <b>12</b>
Start and Finish. <b>Prien to lake Konigsee</b>	Activity Level. <b>3</b>	
Experience. <b>Walking Tours Europe</b>		Tour Code. <b>#B1/2504</b>

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Tour Details and Description

The new extensive hiking path ‚Salzalpensteig‘ takes you along old former paths, on which salt was transported, commencing from the pretty banks of Lake Chiemsee, the ‚Bavarian Sea‘, all the way to Lake Königssee, the ‚Bavarian Fjord‘. Walk along idyllic forest and rural tracks through a quaint but also charming landscape with small villages, characteristic farm houses and cow pastures. Not only popular holiday destinations such as Bergen, known for the cable car on the panorama mountain Hochfelln, the famous biathlon village of Ruhpolding and the historic salt/saline village Bad Reichenhall await you on your hiking week, but also unique high-altitude hikes with magnificent views onto the ‚Wilder Kaiser‘ mountain, the Chiemgauer Alps and last but not least the ‚Steinerne Meer‘-mountain range with the two summits Watzmann and Hochkönig. In the course of your tour you come across plenty of huts and alps for a well-earned break and to sample some of the regional delicacies. During your hiking week through the ‚Bavarian Salt-Alps‘, you will also learn many things worth knowing about the four Bavarian brine pipelines, about culture, history and traditions of the Salt Alps population.

## Highlights:

- Lake Chiemsee, the ‚Bavarian Sea‘
- Famous holiday resorts Ruhpolding
- Panoramic cable car rides
- Walking along alp paths with great views
- Lake Königssee amidst the Berchtesgaden National Park

## Tour Character: Level 3

A week rich in variety with hiking tours along the old salt paths with a duration each of up to 6 hours. On some days surefootedness and a head for heights are required. You walk across picturesque mountain scenery with views onto steep, jagged peaks, two marvellous lakes, gushing mountain streams and gorges

## Included in the Walking Tour:

- 7 overnight stays in 3\* hotels and country hotels
- Breakfast
- Luggage transfers
- Welcome briefing (German, English)
- 1 Cable car ascent Hochfelln
- 1 Train ride Bad Reichenhall - Bischofswiesen
- 1 Ruhpolding-Card with countless services included
- 1 Entry old saltworks in Bad Reichenhall
- Carefully elaborated route description
- Detailed travel and tour documents 1x per room (German, English)
- GPS-data is available and app navigation
- Service hotline

## Not included:

- Any visitors taxes are not included in the tour price and payable on site
- Anything not mentioned in 'included'

## Arrival / Parking /Departure:

- Train journey from Munich to Prien, duration approx. 1 hour. From Prien train station to the first hotel either on foot or short bus/taxi ride.
- Parking: limited number of hotel parking spaces free of charge, public parking spaces Prien train station, approx. EUR 20 per week, no reservation possible, Parking spaces at Stadtwerke Bernau approx. EUR 40 per week.
- Return train/bus journey from Lake Königssee, duration approx. 2.5 hours (1x change trains)
- Munich or Salzburg airport
- Organized return transfer to Prien, cost EUR 105 per person (min. 2 persons, only on Sat). Advance reservation required, payable in advance

## Notes:

- Departure Friday, Saturdays and Sundays
- On this particular walking tour you have the option of bringing your 'four-legged friend'. When booking, simply let us know the breed and size of your dog. Possible additional costs are payable locally on site.
- Extra nights
  - Chiemsee: From 89 EUR p.p (+39 EUR single person)
  - Konigsee: From 89-115 EUR p.p (+39 EUR single person)

#### WHAT SLOW TOURS OFFERS YOU:

**Customer Service:** Hand-picked partners in whom we trust to deliver great service.

**Best Selection:** The best range of escorted and self-guided tours in Europe

**Secure payment:** Secure booking onsite through Stripe, the largest online provider of financial payment services.

**Support:** Contact us for support services on any Slow Tour - email or telephone support.

**Reviews:** Customer reviews available, and being constantly updated

## Itinerary

### Day 1

Arrival in Prien/Environs Settle into your hotel

### Day 2

**Prien /Environs - Marquartstein** The tour starts with a comfortable walk along the incredibly picturesque lakeside of Lake Chiemsee, through tranquil nature reserves near the reed belt. You encounter a charming landscape with little forest paths and typical Bavarian farm houses dotted around on your route to Marquartstein. Details: approx. 5 to 6 hours | 21 km | +490 m -470 m

### Day 3

**Marquartstein–Bergen** Today prepare for an idyllic alpine pasture tour. After the ascent to the Schnappenkirchlein, where you have the best views of Lake Chiemsee, there are numerous alps inviting you for a break. The route continues past grazing cattle with views to steep summit flanks, then through lush meadows and shady forests into the well-known holiday resort Bergen. Details: approx. 5 to 6 hours | 17m | +800m -700m.

### Day 4

**Bergen–Ruhpolding** A breezy cable car ride will take you to Hochfelln, where you will visit the Taborkircherl and the impressive summit cross and enjoy a fantastic view of the Central Alps. About pastures and forest roads, it goes down into the mystical fairy tale forest. Soon after you reach Ruhpolding, the popular resort in the middle of the Chiemgau Alps. Details: approx. 4 to 5 hours | 14km | +150m -1.100m.

### Day 5

**Ruhpolding–Inzell** Along the river Ache to Lake Taubensee and from there a cable car ascent onto the Rauschberg with magnificent panoramic views. The descent leads via alpine pastures and past steep rockfaces, before you walk on forest and rural trails all the way to the climatic health resort Inzell. The

typical Bavarian flair and the views onto the surrounding summits are best enjoyed with a cool ,Maß'(1 litre) of beer in your hand. Details: approx. 4 to 5.5 hours | 18 km | +110 m -990m.

#### Day 6

Inzell–Bad Reichenhall Walk along the path of the brine pipelines and through the idyllic Höllenbachalm, where you can taste fresh dairy products from the grazing cattle. The Salt Path leads you above the cute little mountain lake Thumsee, along forest paths with a view onto Bad Reichenhall. Past the Old Saltworks you reach this beautiful salt health resort, where the Rupertus-Thermal spa invites your muscles to some relaxation time. Details: approx. 5 to 5.5 hours | 19 km | +220 m -440 m.

#### Day 7

Bad Reichenhall–Lake Königssee Short train ride and then ascent to a glorious and remote forest area. High-altitude paths with incredible panoramic views lead you along the mountainside with the ,Steinerne Meer' mountain range and the two summits Watzmann and Hochkönig in front of you. Then a short section along the brine pipeline path, before you ascend through the forest to the Grünstein mountain. Glistening deep down below you is lake Königssee, green in colour, with boat houses and little boats, set amidst the national park Berchtesgaden and is the picturesque finish of your hiking holiday. Details: approx. 5 to 6 hours | 17 km | +1100m -1110m

#### Day 8

Departure or extension of your stay

## WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

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### 3 BIG BENEFITS OF BOOKING WITH US



#### TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



#### DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



#### PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

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