

# SLOW TOURS

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Full Itinerary and Tour details for

## Mont Blanc West 7-day Self-guided Walking Tour Level 4



Prices starting from.

**1199 €**

Trip Duration.

**7 days**

Max Passengers.

**12**

Start and Finish.

**Martigny/Bourg St Mauric**

Activity Level.

**4**

Experience.

**Walking Tours Europe**

Tour Code.

**#B1/2550**

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## Tour Details and Description

Mont Blanc is enthroned majestically amidst the highest peaks of the Alps. If you want to hike around this massif, you will be venturing onto one of the most beautiful long-distance trails in Europe. You will be greeted with high passes, dreamy hamlets and cosy mountain inns, where you can gear up for the challenges awaiting you. Tour Mont Blanc is one of the biggest classic trails for hikers from all corners of the world, all of whom come in search of the same thing: exquisite mountain panoramas, peace and unspoilt landscapes. This tour will surely enrich you and you will take something back.

**Tour character: Level 4**

You need to be physically fit to cope with the long legs of the hike. There are some exposed sites - enduring surefootedness and head for heights are a must!

## Included in the Walking Tour:

- 6 overnights in 3\* hotels and guest houses
- Breakfast
- Luggage transfer (1 piece of luggage per person, max. 15 kg)
- Transfers as per program
- Carefully elaborated route description
- Detailed travel documents 1x per room (German, English)
- Navigation-App and GPS-data
- Service hotline

**Not included in the tour:**

- Rides in public transport, cable cars, etc.
- Tourist tax, if due
- Printed road book- 20 EUR per room
- Solo Traveller fee: EUR 239 (if you are the only person on tour)
- Anything not mentioned in 'included'

**Travel Insurance:**

- Wander the World Without Worry! For your global travel insurance and evacuation services click on this link to get a quote (all quotes are in USD) in just a few moments: [Global Travel Insurance](#)

**Arrival/departure/parking:**

- By car: Limited amount of parking spaces close to the railway station in Martigny. CHF 10.- per day.
- By train: Direct train in 1.5 hours from Geneva. From Zurich in approx. 2.5 – 3 hours via Visp.
- Departure by bus and train from Bourg Saint-Maurice to Martigny, duration approx. 8 hours (several changes).
- Organised transfer from Bourg-Saint-Maurice to Martigny, EUR 539.- / CHF 565.- per ride. Max. 8 passengers. Booking required, advance payment

**Notes:**

- Depending on availability, rooms with en-suite bathrooms cannot always be booked
- Departure any day
- Minimum 2 people to operate this tour
- Extra nights
  - Martigny: From 119 EUR p.p (+60 EUR single room)
  - Bourg St. Maurice: From 95 EUR p.p (+95 EUR single room)

**WHAT SLOW TOURS OFFERS YOU:**

**Customer Service:** Hand-picked partners in whom we trust to deliver great service.

**Best Selection:** The best range of escorted and self-guided tours in Europe

**Secure payment:** Secure booking onsite through Stripe, the largest online provider of financial payment services.

**Support:** Contact us for support services on any Slow Tour - email or telephone support.

**Reviews:** Customer reviews available, and being constantly updated

## Itinerary

### Day 1

Individual journey to Martigny The little town Martigny lies in an idyllic spot close to river Rhône. Go for a walk and visit the castle La Batiatz or indulge yourself in one of the many restaurants.

### Day 2

Martigny – Argentière Approx. 15km 5hrs | +1,200m -1,100m Your first hiking day starts by climbing the Col de Balme (2191 m) pass, where you can rest in a quaint mountain lodge. It offers fantastic views of Mont Blanc and the Chamonix valley. You will then descend into the grassy Sattel, where you can see grazing livestock and leisurely mountain pastures.

The impressive Kammweg (ridgeway) over the summit of Aiguillette des Posettes will now take you through a rocky terrain with a phenomenal panoramic view of the surrounding glaciers. You will cope with the descent on a steep trail, which later takes you along the mountain brook to your destination. A fantastic day amidst the highest, gigantic mountains!

#### Day 3

Argentière – Chamonix Approx. 14km. 5.5hrs | +1,300m -600m Day 3 is the most spectacular leg of the Mont Blanc tour: on well-secured ladders, you will climb steep rocks to reach the light-blue shining mountain lake called Lac Blanc. In the afternoon, the path across the “Grand Balcon”, a great alpine path, will take you along the mountain slope and through blueberry fields to Plan Praz, which has a café at an altitude of 2000 m! Here you can take the cable car and glide down to the legendary mountaineer location of Chamonix. A stroll through the magnificent pedestrian area with colourfully decorated houses is a treat for the eyes! These stretches can be made easier if you wish and you can leave out the adventurous climbing routes.

#### Day 4

Chamonix – Les Houches Approx. 12km 5hrs | +500m -1,500 m Today you will ride the cable car to climb up 2000 m without any efforts. You are not very far from pass Col du Brévent (2368 m), from where you will climb the impressive boulders of the panorama peak of Brévent. From the panorama platform which is known as the “best lookout post on Mont Blanc”, you can study the glaciers and corn snow peaks of the ice giant very well. A beautiful hiking trail passes the bizarre shaped mountain lake Lac du Brévent and descends into the shelter called Bel-Lachat. You can take some rest here before resuming the steep climb, which will take you past the Alpen-Wildpark Merlet through the forest and into the

valley. You will stay the night in one of the many small hamlets in the municipality of Les Houches situated in the valley of the river Arve, which gets its water from the glaciers.

#### Day 5

Les Houches – Les Contamines Approx. 18km. 7hrs | +1,350m -1,150m Experience the famous “Mont Blanc tram” from close quarters and walk along its tracks for a stretch of the hike! From Bellevue, you can view the imposing end station of the daringly constructed rack railway next to the ice field. An interesting alpine path guides you to an adventurous suspension bridge that you need to cross to walk over a rustling glacial stream. You will then hike through mountain meadows to the Col de Tricot (2120 m) pass and climb down to the Miage huts. After a further climb, you will reach the cosy resting destination of Truc-Alpe. Grab a bite while listening to the bells of grazing cows. Your destination, Les Contamines, is situated in the Montjoie valley, which is famous for its delicious cheeses from the numerous surrounding alpine pastures. Don't forget to visit one of the cheese dairies and taste the Savoy cheese with red wine and a fresh baguette.

#### Day 6

Les Contamines – Les Chapieux- Bourg Saint-Maurice Approx. 17km 6.5 hours | +1,300m -900m The last leg of the tour will make your heart beat faster: you will hike on the paths tread by Romans over gurgling ravines, see stone types of varied colours, get views of glacial lakes and climb two high pass crossings! The path passes the southernmost point of the Mont Blanc massif, where you can enjoy unending vistas of the southern part of the mountain massif of the French Alps. You will first walk leisurely along the river to the baroque pilgrimage church Notre Dame de la Gorge, from where you can start with the long climb to the top of

the passes: on a rocky alpine path from Col du Bonhomme (2329 m) to pass Col de la Croix du Bonhomme (2450 m). Replenish yourself at Refuge de la Croix du Bonhomme, a traditional shelter of the French Alpine Club. The last descent across alpine pastures with mountain brooks flowing through them leads you to Vallée des Glaciers (valley of glaciers), where you can toast to your successful hiking week in the small hamlet of Les Chapieux! A short journey will bring you down to your overnight accommodation location - Bourg-Saint-Maurice. You can now relax on the last evening of your tour and relive the week-long hike over a glass of wine!

#### Day 7

Individual departure or extra days.

## WHY SLOW TOURS EUROPE?

Slow Tours offers a selection of tours in [Europe](#) for unique experiences, active or relaxed, so you return home feeling relaxed, refreshed & re-energised.

Connect with the locals, take time to genuinely experience another culture, relax with the easy flow of life, enjoy fresh air and freedom from crowds. Savour the experience of our hand-picked tours of Europe!

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### 3 BIG BENEFITS OF BOOKING WITH US



#### TIME BECOMES A FRIEND

Yes, you'll see and do many wonderful things, but at a relaxed, easy pace that invites conversation and reflection.



#### DISTINCTIVE QUALITY

There's not a village you'll explore, or table at which you'll dine, that you won't remember with a smile.



#### PEACE OF MIND

Whether travelling directly with Slow Tours or one of our carefully selected, kindred-spirit partners, you'll have our complete and constant support.

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